



# OHIO RACEWALKER

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## 10 Km Titles To Albert and Rohl

Hanover Twp., Pa., Aug. 13--Sean Albert bounced back nicely from his DQ at the Olympic Trials (I guess bounced back is a poor choice of words) with a well-earned victory in the USATF National 10 km race today. The Sally Mae Classic also saw Olympic Trials 20 Km winner Michelle Rohl ease to a win in the Women's 10 Km title race.

Albert finished in 43:14, 13 seconds ahead of Michelle's husband Mike, who had displaced Albert in fourth at the Trials when Sean was DQ'd. Dave McGovern walked a solid race for third, well clear of the semi-retired Allen James, who has had a pretty strong summer for a retired walker. Greg Dawson and John Soucheck rounded out the top six.

Albert trailed Rohl for most of the race before making his move at the 8 km mark. "Shortly after the turn, I basically changed gears," Albert said. "I took the lead and never looked back. I couldn't hear Rohl behind me. I wasn't sure exactly where he was. But with about 400 meters to go, someone yelled to me that I had about an 8-second lead. Then, I just held on for the win.

Michelle Rohl slipped away for Jill Zenner at about the two kilometer mark. "I didn't really open up a gap until the third kilometer," said Rohl. "At 5 km, I realized that I was off pace for any kind of record. So, I decided at that point to just focus on proper technique and hanging on for the win.

Third in the race was Ecuadorian National Team member Miriam Ramon, but since she was not eligible for a USATF medal, the third place medal and prize money went to Lyn Brubaker. The two winners took home \$1000, with \$600 to second, \$400 to third, \$300 to fourth, \$200 to fifth, and \$100 to sixth. Results:

Men--1. Sean Albert (26) New Jersey Striders 43:14 2. Mike Rohl (35) New Balance 43:27 3. Dave McGovern (35) New Balance 44:34 4. Allen James (36) Park Racewalkers 45:31 5. Greg Dawson (34) Walk USA 47:37 6. John Soucheck (34) Shore Athletic Club 48:38 7. Pablo Gonzalez, Chicago 49:33 9. Dan O'Brien, Maryville, Mich. 49:35 9. Rob Cole, Crater, N.Y. 50:38 Masters Division: 1. Mel McGinnis (40) 49:27 2. Bob Keating (53) 50:01 3. Reynaldo Carranza (42) 50:07 Age group results: 25-29--1. Gonzalez 2. Robert Penafil 55:03 30-34--1. Cole 2. Israel Soto-Duprey 54:44 3. Erik Lilt 55:44 35-39--1. O'Brien 2. Bill Vayo 51:41 3. Ed Fitch 55:43 45-49--1. Terry Dougherty 50:54--1. Nick Bdera 51:06 2. James Miner 56:56 55-59--Jack Latch 56:12 2. Roh Shields 56:59 60-64--1. James McGrath 57:22 65-59--1. Bob Barrett 59:11 2. Bob Stewart 65:21 3. Jake Jacobson 67:56 Teams: 1. Park Racewalkers (James, Cole, Barrett) 2:35:20 2. Eastside Racewalk Team (Bdera, Vayo, Soto-Duprey) 1:57:31 3. Shore AC (Soucheck, Latch, Lilt) 2:40:34

Women--1. Michelle Rohl (34) Moving Comfort 46:02 2. Jill Zenner (25) Miami Valley TC 47:13 3. Miriam Ramon (25) Ecuador 49:08 4. Lyn Brubaker (43) Shore AC 52:14 5. Sam Cohen (23) Parkside AC 54:19 6. Gloria Rawls (43), Shore AC 55:09 7. Christina Fina (18)



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Niagara Walkers 55:20 8. Dorit Attias, Lakewood, N.J. 55:43 Masters Division--1. Brubaker 2. Rawls 3. Sherry Brosnahan (48) Bridgewater, N.J. 57:24 Age Group results: 19 and under--1. Alina Zeleznova 58:52 20-24--1. Loretta Schuellein 56:08 2. Laura Feller 58:54 25-29--1. Ramon 35-39--1. Attias 50-54--1. Tish Roberts 57:50 55-59--1. Janet Higbee 63:26 2. Fran Emanuel 67:26 60-64--1. Lois Dicker 65:39 Teams: 1. Shore AC (Brubaker, Rawls, Brosnahan) 2:44:47

## Seaman Nails 20 Km Record

San Diego, Aug. 19--Jefferson won the race, but Tim got the record. Walking on the University of California San Diego track, Ecuador's 1996 Olympic champion, Jefferson Perez, eased to a 1:20:55.8 clocking. In his wake, Tim Seaman cleaned up American records at both 15 and 20 Km, finishing in 1:23:40. That bettered the pending record of 1:23:56, which Curt Clausen did in Norway on May 6 and Tim's former record of 1:25:24 in February. His 1:02:30.2 at 15 was just under the old mark of 1:02:34, set by Marco Evoniuk in 1984.

Philip Dunn finished third in the race in 1:34:30. Kevin Eastler didn't finish.

## Other results

**5 Km, Cambridge, Mass., Aug. 13**--1. Marcia Gutsche 27:21 Men--1. Bill Harriman 27:44 2. Bob Ullman 28:23 3. Dick Ruquist 30:25 **Metropolitan 3 Km, New York City, Aug. 6**--1. Greg Dawson 13:31 2. Roman Criolla 13:50 3. Pablo Gomez, Mex. 13:57 4. Miriam Ramon 13:59 5. Heber Ramos 14:09 6. Nick Bdera (51) 14:10 7. Bill Vayo 14:14 8. Rob Cole 14:22 9. Vyacheslav Troshkin (52) 14:48 10. Gary Null (55) 14:49 11. Loretta Schuellein 14:58 12. Robert Williams 15:15 13. Daniel Gurick (17) 15:28 14. Israel Soto Duprey 15:37 15. Jean Tinnelly (17) 15:48 16. Richard Harper (50) 15:50 17. Bruce Logan 16:03 18. Jose Perez 16:14 19. Robert Penafiel 16:18 20. Alina Zeleznova (18) 16:19 21. Alice Tan (17) 16:22 22. Alan Sangeap 16:57 23. Bob Barrett (65) 17:03 24. Michael Heitzman 17:24 25. Seth Kaminsky (60) 17:27 (63 finishers, 1 DQ) **New York State Empire Games, Binghamton: Men's 10 Km, July 27**--1. Allen James 44:56.1 2. Dave Lawrence 52:38 3. Bill Vayo 53:40 4. James Miner 55:45 5. Israel Soto Duprey 55:54 6. Robert Williams 56:50 7. Bob Barrett 57:58 (9 finishers, 1 DQ) **Women's 10 Km, July 27**--1. Kaisa Ajaye 56:52.4 2. Laura Feller 58:25 3. Christine Quirke 60:51 4. Eileen Lawrence 61:56 (9 finishers) **Men's Masters 10 Km, July 27**--1. James McGrath (60-64) 57:37 2. Larry Beckerle (45-49) (5 finishers, 2 DQs) **Men's 5 Km, July 28**--1. Allen James 21:49.4 2. Greg Dawson 23:51 3. Heber Ramos 24:54 4. Dave Lawrence 25:24 5. Bill Vayo 25:56 6. James Miner 27:06 7. William Fatiga 29:18 **Women's 5 Km, July 28**--1. Loretta Schuellein 26:39.9 2. Laura Feller 27:39 3. Christine Quirke 28:37 4. Lori Yohe 29:34 5. Eileen Lawrence 29:58 (9 finishers) **Men's Scholastic 5 Km, July 28**--1. Daniel Gurick 26:15.9 2. Mich Tarantino 26:32 3. Matt Moynihan 29:25 4. Craig Brown 29:37 **Women's**

**Scholastic 5 Km, July 28**--1. Jean Tinnelly 26:42 2. Li Mei Tan 27:21 3. Christi Tagliaferri 30:08 (8 finishers) **Masters Mens 5 Km, July 28**--1. James McGrath (60-64) 28:11 2. Bob Barrett (65-59) 28:33 (11 finishers) **Men's 20 Km, July 29**--1. Allen James 1:35:42 2. Mel McGinnis 1:47:12 3. Greg Dawson 1:48:33 4. James Miner 1:59:58 5. Bruce Logan 2:01:09 6. Lon Wilson 2:09:30 **Women's 20 Km, July 29**--1. Loretta Schuellein 2:00:58 2. Lori Yohe 2:12:56 3. Eileen Lawrence 2:13:00 (5 finishers) **USATF National Junior Olympics, Amherst, N.Y., 7/25-7/30: Bantam Girls 1500 meters**--1. Allison Snochowski, Shore AC 7:53.03 2. Wendy Cohen, Valley United 8:19 3. Alexandra Bishop, Brea TC 8:48 (18 finishers) **Bantam Boys 1500**--1. Eric Lawson, Elgin Sharks TC 7:46.35 2. Kyle Regul, Elgin Sharks TC 7:48 3. Chasen Golucke, Desert Blaze TC 8:40 (15 finishers) **Midget Girls 1500**--1. Audra Curtis, Maine 7:22.58 2. Christina Farrell, United Stars TC 7:45 3. Elizabeth Pasko, CS Striders 8:05 4. Christina Peters, Miami Valley TC 8:05 (19 finishers) **Midget Boys 1500**--1. Paul Regul, Elgin Sharks TC 7:58.86 2. Michael Holder, NJ T&F Coalition 8:41 3. Nathan Dalebout, Wasatch Athletics TC 8:56 (16 finishers) **Youth Girls 3 Km**--1. Shannon Gillespie, Shore AC 16:00.25 2. Erica Adams, Spartanburg Striders TC 16:24 3. Anine Stanley, NYC Ruff Kutz 17:21 4. Keelin Yenney, Sterling TC 17:39 5. Bekka Marrs, Diablo Valley TC 17:41 (14 finishers) **Youth Boys 3 Km**--1. Zachary Pollinger, NJ Striders TC 15:10.47 2. Terran Swehosky, Salem TC 15:34.42 3. Cominic Byrd, Lightning TC 16:28 4. Joseph Knox, Elgin Sharks TC 17:02 5. John Koziel, un. 17:21 6. Eric Regul, Elgin Sharks T17:40 7. Jared Swehosky, Salem TC 17:48 8. Billy Wides, NJ Striders TC 17:52 (14 finishers, 1 DQ) **Intermediate Girls 3 Km**--1. Hillary Easter, Maine 16:32.68 2. Anne Marie Nemeth, Wings of Moon TC 17:10 (7 finishers, 1 DNF, 1 DQ) **Intermediate Boys 3 Km**--1. Adam Staier, Maine 15:18.33 2. Brian Davis, Southwest Ohio TC 16:09 3. Kyle Schielack, un. 16:25 4. Jon Rehling, St. Louis Blazers 16:56 5. Joel Pearson, Bellingham TC 17:10 6. Marcos Ellington, Miami NW Express 17:13 7. Mark Dennett, Maine 17:35 (11 finishers, 1 DQ) **Young Womens 3 Km**--1. Robyn Stevens, Westwind Flyers 14:49.26 2. Alina Zeleznova, Shore AC 15:35 3. Christine Fina, un. 15:56 4. Anne Favolise, Maine 15:58 5. Jennifer Woodbury, Maine 16:08 6. Amanda Bergeron, Portland 16:11 (7 finishers) **Young Mens 3 Km**--1. Benjamin Shorey, Maine 13:04.30 2. Luke Dalebout, Wasatch Athletics TC 13:40 3. Jake Dalebout, Wasatch 13:50 4. Eric Smith, Miami Valley TC 14:35 5. Eric Pasko, CS Striders 14:38 6. Jonathan Chasse, Maine Race Walkers 14:55 7. Jeff Sprague, Maine 14:58 8. DeWitt, Parkside AC 15:59 9. Dean McVeigh, Maine 16:33 (10 finishers, 1 DQ) **3 Km, Alexandria, Va., June 11**--1. Alan Price (53) 17:31 2. Victor Litwinski (56) 17:52 3. Michael Schwed (59) 18:37 **Women**--1. Lois Dicker (60) 18:39 **3 Km, Alexandria, June 25**--1. William Jess Leggett 14:47.10 2. Victor Litwinski 17:40 3. Michael Schwed 18:35 **8 Km, Alexandria, July 4**--1. Vanessa Ryan 44:31 2. Victor Litwinski 52:15 3. Doug Kreinik 54:12 **3 Km Kissimmee, Fla., June 10**--1. Steve Renard 13:55.6 2. Bob Fine (65+) 17:50 **1500 meters, Coral Springs, Fla., June 17**--1. Bob Cella (60+) 8:41 2. Gerry Gomes (65+) 8:55 3. Dan Koch (55+) 9:06 **Women**--1. Linda Stein (50+) 9:03 **3 Km, same place**--1. Cella 17:54 2. Koch 18:21 **1500, Coral Springs, June 15**--1. Bob Cella 8:28 2. Bob Fine 8:40 3. Dan Koch 9:00 **3 Km, Coral Springs, July 20**--1. Dan Koch 18:12 **AAU National Junior Olympics, Orlando, Fla., July 29-Aug. 5: Bantam Girls 1500**--Jeanette Avitia, Pharr, Tex. 10:21 (8 finishers, 1 DQ) **Bantam Boys 1500**--1. Kyle Regul, Elgin, Ill. 7:53.71 2. Luc Hall, Chatsworth, Cal. 10:01 (13 finishers) **Bantam Girls 1500** (there must have been two heats of the bantams)--1. Allison Snochowski, Fairlawn, N.J. 8:06.57 2. Wendy Cohen, Valencia, Cal. 8:22 3. Corina Ortiz, McAllen, Tex. 8:44 4. Lucia Hannah, Danville, Vir. 8:51 (22 finishers, 1 DQ) **Bantam Boys 1500**--1. Eric Lawson, Crystal Lake, Ill. 8:04.39 2. Francisco Villa, Elgin< ill. 9:31 (11 finishers, 1 DQ) **Midget Girls 1500**--1. Chelsea Clark, Lower Gwynedd, Pa. 8:30.07 2. Cassandra Rodriguez, Rio Grande, Tex. 8:47 3. Amanda Barras, Rio Grande 8:47 4. Reshai Reeves 8:53 5. Rachel Travis 8:55 (21 finishers, 1 DNF, 1 DQ) **Midget Boys 1500**--1. Christopher Mendiola, Edinburg, Tex. 8:49.86 2. Braeton Monk, Ellinwood, Kan. 9:01 (12 finishers, 1 DNF) **Midget Girls 1500**--



1. Lauren Almarex, McAllen, Tex. 8:23.64 2. Amanda Johnson, Morganfield, Ken. 8:48 3. Aubre Rodriguez, Edinburg, Tex. 8:57 4. Carla Burke, Tallahassee, Fla. 9:00 (18 finishers, 1 DQ) **Midget Boys 1500**--1. Paul Regul, Elgin, Ill. 7:54.49 2. Marquise Gray, St. Petersburg, Fla. 8:43 3. Michael Rabenberg, Brentwood, Mo. 8:50 (13 finishers, 1 DQ) **Youth Girls 3 Km**--1. Annie Stanley, Cambria Heights, N.Y. 16:56.47 2. Jennifer Mendiola, McAllen, Tex. 17:59 3. Rebekah Sepulveda, Edinburg, Tex. 18:13 (19 finishers, 2 DNF, 1 DQ) **Youth Boys 1500**--1. Chris Diaz, Edinburg, Tex. 16:19 2. David Almaraz, Edinburg 16:33 3. Dominic Byrd, Houston, Tex. 16:37 4. Adrian Jaime, Edinburg 17:43 5. J.C. Koziel, Rock Hill, S.C. 17:55 (18 finishers, 1 DQ) **Intermediate Girls 3 Km**--1. Liliana Villa, Elgin, Ill. 17:23.39 2. Delis Guadarrama, Edinburg, Tex. 18:44 (11 finishers) **Intermediate Boys 3 Km**--1. Kyle Schielack, Rockdale, Tex. 16:19.40 2. Adam O'Hanlon, Copperas Cove, Tex. 18:04 (12 finishers, 1 DQ) **Young Womens 3 Km**--1. Alina Zeleznova, South River, N.J. 16:39.23 2. Alicia Stanley, Cambria Heights, N.Y. 19:43 (9 finishers) **Young Mens 3 Km**--1. Caio Soares, Orlando, Fla. 16:21.37 (5 finishers) **1500 meters, Cedarville, Ohio, July 20**--1. Jill Zenner 6:07.9 2. Eric Smith 6:45 3. Brian Davis (16) 7:36.5 4. Ed Fitch 7:49.7 5. Tina Peters (12) 7:59.9 6. Bari Garner-Holman (50) 8:58.5 7. Autumn Davis (11) 9:08.4 8. Barb Whipp (55) 9:50 (13 finishers, 3 DQs) **USATF National Youth Road Walks, Yellow Springs, Ohio, Aug. 20**: 3 Km (12 and under)--1. Kyle Regul, Elgin, Ill. 16:24 2. Tina Peters, Yellow Springs 16:26 3. Paul Regul, Elgin 16:50 4. Andy Peters, Yellow Springs 18:41 5 Km (13-18)--1. Eric Smith, Miami Valley TC 24:42 2. Brian Davis, SW Ohio TC 26:23 3. Robyn Stevens, West Wind Flyers 26:32 4. Keelyn Yenney, Sterling, Ill. 29:22 **Ohio 5 Km, Yellow Springs, Aug. 20**--1. Dave McGovern 21:59 2. Jill Zenner 23:04 3. Steve Pecinivsky (40-49) 23:28 4. Eric Smith 24:42 5. Chris Knotts (40-49) 24:59 6. Brian Davis 16:23 7. Robyn Stevens 26:32 8. Al Cowen (40-49) 27:13 9. Ed Fitch 27:59 10. David Kreimer (50-59) 29:21 11. Keelin Yenney 29:22 12. Geoff Robbins (40-49) 31:06 13. Sara Sheets 32:02. 16. Jack Shuter, Buckeye Striders, Columbus (70+) 33:31 (27 finishers, 1 DQ) **Indiana State 5 Km, Indianapolis, July 22**--1. Lous Held (45) 6:44.93 2. Robert Head (46) 7:31 3. Lee Hyland (58) 8:01 4. Michael Bird (53) 8:10 5. David Keith (63) 8:28 6. Craig Woodall (46) 8:51 7. Jerry Lambert (64) 8:58 **Women--1. Abigail Oliver 7:32.52 2. Gail Brandenburg (49) 8:23 3. Cathy Mayfield (48) (8:59) (There is a mistake either in the times or the places here, but that is the way it was reported.) North Region and Indiana State 5 Km, Indianapolis, July 30**--1. Abigail Oliver 27:49 2. Tish Roberts (51) 27:59 3. Jackie Reitz (52) 28:55 4. Janet Higbie (58) 30:30 5. Barb Stayton (46) 30:32 6. Cathy Mayfield (49) 31:54 (10 finishers) **Men--1. Don DeNoon (57) 24:21 2. Lou Held III (45) 24:43 3. Max Walker (53) 26:06 4. Ross Barranco (50) 27:52 5. Jeff Sanders 29:13 6. Lee Hyland (58) 30:21 7. Bob Stewart (67) 32:10 8. Craig Woodall (46) 32:59 5 Km, Lakewood, Col., July 15**--1. Mike Blanchard 28:51 2. Patty Gehrke 29:33 3. Marianne Martino 30:09 4. Daryl Meyers (57) 30:26 **Doc Tripp Memorial 10 Km, Broomfield, Col., July 30**--1. Scott Richards (50) 56:56 2. Terry Femmer (57) 57:07 3. Mike Blanchard 58:44 **5 Km, Evergreen, Col., Aug. 6**--1. Terry Femmer 26:28 2. John Tarin (48) 27:49 **5 KM, Ft. Collins, Col., Aug. 5**--1. Terry Femmer 27:23 2. Nicki Miller 30:32 **1500 meters, Albuquerque, N.M., June 11**--1. Mark Adams 8:02.1 **1 Mile, Sacramento, July 16** (The day after the 20 Km Olympic Trials)--1. Michelle Rohl 6:43 2. Maryanne Torrellas (41) 7:31 3. Brooke Szody 7:39 4. Ann Gerhardt (48) 8:53 (8 finishers, 1 DQ) **Men--1. Dave McGovern 6:19 2. Mike Rohl 6:31 3. Bill Penner (53) 7:47 4. Robert Eisner (71) 9:30 (2 DQs) 1500 meters, San Francisco, July 8**--1. Laura Cribbins (43) 8:08.4 2. Bekka Marrs (13) 8:18 **Men--1. Stu Kinney (60) 8:59 5 Km, Kentfield, Cal., July 30**--1. Jack Bray 27:49 2. Peter Corona 31:09 3. Shirley Dockstader 31:31 4. Doris Cassels 31:33 5. marge Garner 31:49 6. Virginia Fong 31:49 7. Ann Lee 31:52 (23 finishers) **National Masters Meet, Eugene, Ore., Mens 5 Km, Aug. 11**: 35--1. Steve Renard, Fla. 24:33.70 2. Michael Blanchard, Col. 27:53 40--1. Tommy Anan, Wash. 27:47 2. Barton Kale, Wash. 30:26 45--1. Pat Detloff, Ore. 26:16.92 2. Joe Berendt, Cal. 26:52 3. Doug Vermeer, Ore. 27:07 (6 finishers, 1 DQ) 50--1. Richard McGuire,

Ill. 25:56.68 2. Max Walker, Ind. 25:30 3. Stan Chraminski, Wash. 26:27 4. Ross Barranco, Mich. 29:03 (5 finishers, 1 DQ) 55--1. Rich Friedlander, Mo. 24:10.08 2. Norm Frable, Tex. 26:55 3. George Ospahl, Ore. 29:29 (Jim Carmines DQ) 60--1. Paul Johnson, Ark. 27:09.62 2. John Elwarner, Mich. 27:18 3. Bob Cella, Fla. 29:31 4. Calvin Brown, Wash. 29:46 5. John Backlund, Ore. 30:26 6. Bernie Finch, Wis. 31:55(9 finishers) 65--1. Jack Bray, Cal. 27:08.00 2. Al DuBois, Wis. 28:41 3. Alan Poosner, Kan. 30:35 4. Arvid Rolle, Cal. 31:47 5. Ray Franks, Col. 31:52 6. Leon Glazman, Cal. 32:03(8 finishers, 4 DQs) 70--1. Jack Starr, Del. 30:12.05 2. Robert Eisner, Cal. 32:08 3. William Fliok, Penn. 32:56 (6 finishers, 1 DQ) 75--1. John Nervetti, N.J. 33:09.06 2. Noritake Masashi, Cal. 34:07 (4 finishers) 80--1. Bill Tallmadge, Berea, Ken. 37:35.32 2. Paul Geyer, Minn. 38:39 (2 DQs) 85--2 DQs **Womens 5 Km, Aug. 11**: 35--1. Patty Gehrke, Cal. 25:36.82 2. Kelly Murphy Glenn, Ida. 26:34 3. Gail Brandenburg, Ind. 33:55 40--1. Victoria Herazo, Cal. 24:43.21 2. Debbie Benton, Mich. 25:43 3. Donn Chamberlain, Penn. 25:46 4. Toni Hodge, Ida. 28:21 (7 finishers, 1 DNF, 1 DQ) 45--1. Mary Snyder, Ida. 26:20.50 2. Sally Richards, Col. 26:22 3. Ann Gerhardt, Cal. 28:39 4. Janet Corni, Penn. 28:50 (6 finishers) 50--1. Gayle Johnson, Mo. 27:36.77 2. Jackie Reitz, Ind. 28:14 3. Marianne Martino, Col. 28:46 4. Barb Amador, Col. 30:36 5. Judy Witt, Vir. 30:45 (16 finishers) 55--1. Jolene Sterigerwalt, Cal. 31:08.12 2. Marjorie Garnero, Cal. 31:28 3. Kathy Frable, Tex. 32:15 4. Suzanne Synal-Griffin, Cal. 32:32 (9 finishers, 1 DQ) 60--1. Elton Richardson, N.Y. 28:49.80 2. Bev LaVeck, Wash. 29:14 3. Rita Sinkovec, Col. 30:51 4. Doris Cassels, Cal. 31:27 5. Joanne Elliott, Fla. 31:49 6. Barbara Grand, Fla. 32:35 (12 finishers, 1 DQ) 65--1. Shirley Dockstader, Cal. 31:41.21 2. Marjorie Larracoite, N.M. 32:09 (7 finishers) 75--1. Miriam Gordon, Fla. 34:47.11 (2 finishers) 80--1. Fan Benno-Caris, Tex. 43:02.91 (1 DQ) **2.8 Miles, Seattle, Aug. 8**--1. Joslin Slaughter 25:56 2. Ann Tuberg 25:57 **Weinacker Cup: Toronto: Womens 5 Km**--1. Joni-Ann Bender, Ontario 24:08.6 2. Mirina Crivello, Quebec 24:18.6 3. Ester Nicole, Qu. 25:11 4. Christine Fina, Western NY 26:27 5. Rebecca Lavalley, Ont. 27:38 6. Lily Whalen, Ont. 27:45 7. Jennifer, Henry, Ont. 28:01 8. Sherry Watts, Ont. 28:47 9. Nanci Sweazey, Ont. 29:31 10. Lori Ann Yohe, WNY 29:46 11. Judyanne Bonafede, WNY 30:21 13. June-Marie Provost, Ont. 31:35 (17 finishers, 1 DQ) **Mens 10 Km**--1. Arturo Huerta, Ont. 43:34.5 2. Jean-Sebastian Beaucage, Qu. 43:35 3. Gord Mosher, Ont. 44:01 4. Jocelyn Ruest, Qu. 45:56 5. Dan O'Brien, Mich. 48:36 6. Rod Craig, Mich. 49:19 7. Dave Lawrence, WNY 53:25 8. Tom Jenkins, Ont. 54:08 9. Ken Lampar, Mich. 58:57 10. Don Ramsden, Ont. 59:09 11. Karl Dahl, Ont. 61:17 **Weinacker Cup scoring--Ontario 30 Michigan 11 Northeastern Trophy--1. Ontario 56 2. Quebec 41 3. Western New York 26 4. Michigan 23 Canadian Womens 20 Km, Victoria, B.C., Aug. 13**--1. Janice McCaffrey 1:34:50 2. Jone Bender 1:42:18 3. Karen Foan 1:44:12 4. Marina Crivello 1:45:57 5. Esther Nicole 1:53:04 6. Martine Rainville 1:53:19 7. Chatherine Neves-Sousa 1:54:37 8. Isabelle Clermont 1:55:31 9. Micheline Daneau 1:56:31 10. Merima Kosteci 1:57:14 11. ALison Baker 1:58:08 **Canadian Mens 30 Km, Victoria, Aug. 13**--1. Arturo Huerta 1:21:24 2. Tim Berrett 1:21:46 3. Jean Sebastien Beaucage 1:29:38 4. Gordon Mosher 1:30:40 5. Blair Miller 1:33:13 6. Gerald Dragomir 1:46:38 **US-Canada Junior Meet, Edmonton, Aug. 6**: **Womens 10 Km**--1. Robyn Stevens, US 56:11 2. Caitlin Bonney, US 56:46 3. Rebecca Lavalley, Can. 57:27 4. Emma Carter, US 58:04 5. Kate Brooker, Can. 58:26 6. Elizabeth Paxton, US 59:51 (10 finishers) **Team Score--U.S. 7 Canada 15 Mens 10 Km**--1. Tristan Ruoss, US 47:01 2. Ben Shorey, US 47:01 3. Eric Roze, Can. 50:18 4. Dan Pendergast, US 50:38 4. Eric Smith, US 53:51 Jim Heys, Can. DNF **Team Score--U.S. 7 Canada 16 Combined score--U.S. 14 Canada 31. North American/Central American/Caribbean Under 25 Meet: Mens 20 Km**--1. Edgar Hernandez, Mex. 1:25:37 2. Jesus Sanchez, Mex. 1:29:31 3. John Nunn 1:45:38 (Not up to par with knee problems that have bothered him since the 20 Km Olympic Trials) **Womens 20 Km**--1. Victoria Palacios, Mex. 1:39:02 2. Sarah Stevenson, US 1:39:55 (with Palacios through 17 km) 3. Abigail Saenz, Mex. 1:44:51



## Overseas

**British AAA 10 Km, Norwich, Aug. 12**--1. Matthew Hales 43:12.85 2. Steve Partington 53:31 3. Jamie O'Rawe 43:55 4. Chris Cheeseman 44:30 Women: 1. Lia Kehler 45:09.57 (National record) 2. Nicola Huckerby 54:54 **Irish National 10 Km, Aug. 19**--1. Jamie Costin 42:49.84 2. Colin Griffin 45:01 3. Pat Ryan 46:23 4. James Gibbons 46:50 **Irish Womens National 5 Km, Aug. 19**--1. Niobe Menendez 24:22.84 2. Serena O'keefe 24:59 3. Georgina Tuohy 25:04 **Finnish National Championships, Tampere Aug. 4-6**: Mens 10 Km--1. Pekka Matilainen 43:49.80 2. Arto Matilainen 43:57 Womens 5 Km--1. Heidi Lindewall 24:30.56 2. Elina Risto 24:56 19 and under 10 Km--1. Eero Turpeinen 45:03.44 19 and under Womens 5 m--1. Tiina Muinonen 23:57.14 Mens age 17 2 Km--1. Matti Rasanen 8:45.61 2. Henri kopsala 8:48 3. Aki Uutela 8:53 Mens 17 5 Km--1. Jarkko Kinnunen 22:14.26 2. Kaleva Jaaskelainen 23:23 **Finnish National 20 Km, August 17**--1. Valentin Kononen 1:22:34.76 2. Jane Lehtinen 1:29:50 3. Pekka Matilainen 1:31:38 4. Arto Matilainen 1:31:51 **Finnish Womens National 10 Km, Aug. 17**--1. Tiina Muinonen 47:54.68 2. Outi Sillanpaa 48:18 **Norwegian National 5 Km, Steinkjer, Aug. 11**--1. Erik Tysse 20:00.51 2. Nymark Trond 20:08 3. Snorre Utaker 21:00 4. John Scheie 21:10 **Norwegian Womens National 5 Km, same place**--1. Kjersti Tysse Platzer 18:18.02 2. Anne Haaland Simonsen 12:56 3. Elin Cecillie Loftnes 13:43 **20 Km, Lisbon, Portugal, Aug. 4 (track)**--1. Rossella Giordano, Italy 1:30:48.3 (World record, bettering Monica Gunnarsson's 1:35:29.5 from 1991. Obviously, the women haven't been doing many 20s on the track) 2. Susana Reitor 1:36:11.6 3. Isilda Goncalves 1:36:35 4. Sofia Avoila 1:37:30 5. Vera Santos 1:39:20 **10 Km, same place**--1. Joao Vieira 41:56.5 2. Jose Urbano 42:07 3. Acacio Diogo 42:16 4. Sergio Vieira 43:29 **Portuguese 20 Km Championship, Coimbra, Aug. 11 (track)**--1. Joao Vieira 1:26:41.9 (42:42) 2. Jorge Costa 1:27:13 (44:06) 3. Jose Urbano 1:27:58 (43:15) 4. Virgilio Soares 1:28:30 (44:06) 5. Pedro Martins 1:30:32 (44:35) **Portuguese Women's 10 Km Championship, same place**--1. Susana Feitor 44:36.79 2. Sofia Avoila 47:52 3. Isilda Goncalves 47:57 4. Vera Santos 48:12 **Polish 20 Km Championship, Krakow, Aug. 15**--1. Robert Korzeniowski 1:20:52 2. Tomasz Lipiec 1:21:03 3. Stanislaw Stosik 1:24:33 4. Roman Magdziarek 1:25:19 5. Grzegorz Sudol 1:27:29 **Polish Womens 10 Km Championship, same place**--1. Katarzyna Radtke 44:28 2. Sylwia Korseniowska 47:28 3. Agnieszka Andula 48:18 4. Agnieszka Olesz 49:18 **Swedish 10 Km Championship, Ornskoldsvik, July 28**--1. Bo Gustafsson 42:38.6 (The 46-year-old Gustafsson, veteran of many, many World Cup, World Championships, and Olympics and silver medalist in the 1984 Olympic 50 Km, won his 26th or 27th national title. He says, "Walking is a lifestyle--I can't quit." 2. Bengt Bengtsson 43:07 3. Fredrik Svensson 43:13 4. Viktor Jansson 44:00 5. Peter Ferrari 46:01 **Swedish 20 Km Championship, Jul. 30**--2. Gustafsson 1:28:37 (I don't have the full result so can't tell you who won, probably Bengtsson) **German National 5 Km, Braunschweig, July 29**--1. Andreas Erm 39:54.23 2. Andre Hohne 41:36 (The son of Christoph Hohne, 1968 Olympic Champion and three-time World Cup winner at 50 Km) 3. Jan Albrecht 42:06 4. Nischen Daimir 42:40 5. Denis Franke 43:41 6. Thomas Wallstab 44:09 **German Womens National 5 Km, same place**--1. Beate Gummelt 21:15.49 2. Sabine Zimmer 21:40 3. Melanie Seeger 21:43 4. Nicole Best 22:56

## Paris to Colmar

For those looking for ultra-distance experience, there is always the ultimate race--Paris to Colmar in France. The exact course varies from year to year, but the distance always exceeds 500 km. It involves pretty much continuous walking for nearly 3 days. We have had coverage of this race in the past, but hadn't seen any results for the past few years. England's Colin Young, who competed several times wrote an excellent article on the experience for us several years ago, which

we repeated once since. There are 2 or 3 mandatory stops of an hour or two (someone, I am sure, will give me the exact details on that once this appears). Other than that, the participants are on the road constantly. The winner averages around 5 miles an hour. The best ever was in 1999 when Zbigniew Klapa of Poland completed the 521 km (about 323 miles) course in 58:53, almost 5.5 mph, or better than 11 minutes a mile. Put another way, he did almost 10 1/2 consecutive 50 km races at about 5:35 each.

Of course, you can't just enter this race, you have to prove your worth. To do this, you may enter one of the 200 km races they have earlier in the year.

Originally walked from Paris to Strasbourg, the race was first held in 1926 when Jean Linder of Switzerland won in 78:47. The next year, with one race under his belt, Linder showed vast improvement covering the 504 km in 72:01. The best performance in pre-war years was a 68:33 for 506 km by France's Victor Damas in 1932. Close to that was a 524 km effort in 71:53 by Ernest Romens, France, in 1935.

Because of the war, the race was not held from 1938 through 1948. In 1952, the direction was switched, going from Strasbourg to Paris. That year's race was 552 km, the longest ever, and was won by Albert Seibert, France, in 75:10. There was another hiatus from 1960 through 1969. In 1976, it switched back to Paris to Strasbourg for just one year, and then in 1981 changed the destination to Colmar. Since then, the distance has varied from 508 to 535 km. France's Roger Quemener has the most wins with seven. He first won in 1979, won in again in 1983, and in 1985 started a string of five consecutive titles. His best performance was 62:27 for 517 km in 1986. Klapa has five titles, including three in a row starting in 1990. Gilbert Roger also won five in the 1950s.

In 1988, a separate women's race was added, going 376 km from Paris to Contrexeville. In 1989 it was Epernay to Colmar. Since 1990, it has been Chalons to Colmar, starting a day after the men's race. The distance has varied from 331.5 km to this year's 360. Results of this year's races. Isabelle Duchene has the best performance, going 331.5 km in 41:58 in 1996. She also did 334 in 42:59 in 1993. Edith Couhe is the big winner with victories in each of the first five races. Men's Paris to Colmar 535 Km: 1. Alexii Rodionov, RUSSIA 66:18 2. Gregorz Urbanowski, Poland (a four time winner himself) 70:30 3. Gilles Letescien 71:03 4. Lubis Mackanic 72:28 5. Zdenek Simon 74:12 6. Jean Cecillon 74:40 7. Jeanick Landormy 75:07 (27 starters) Women's Chalons to Colmar 360 Km: 1. Irina Putintseva, Russia 47:35 2. Ludmila Amirova, Russia 49:06 3. Evguenia Gutierrez 50:15 4. Elizabeth Thanron-Lescure 57:27 (11 starters)

Qualifying races: 200 Km, Torcy, Feb. 14--1. Alexei Rodionov 20:26:30 2. Zbigniew Klapa, Poland 22:16:24 3. Phillippe Morel 22:37:04 4. Zdenek Simon, Czech. Rep. 22:45:49 5. Gilles Letessier 23:10:19 6. Pascal Tournois 23:23:27 7. Lubos Mackanic 23:59:50 Women's 170 Km, same place--1. Ludmila Amirova 20:11:24 2. Willems Rodder, Holland 21:03:48 3. Sandra Brown, GB 21:19:30 4. Delcina Pajoul 22:46:22 200 Km, Chateau-Thierry, March 26--1. Gregorz Urbanowski 21:16:20 2. Vladimir Boidatchenko 22:20:34 3. Gilles Letessier 22:27:34 4. Simon Zdenek 22:49:08 5. Gilles Huat 23:56:46 Women's 170 Km, same place--1. Evguenia Gutierrez 20:55:02 2. Francine Lachia 22:06:21 200 Km, Bar-de-luc--1. Pascal Tournais 23:12:02 Jeanick Ladormy 23:21:36 3. Guy Legrand 24:00:10 Women--1. Gutierrez 23:34:35 2. Lachia 23:45:28 3. Maryline Plee 23:48:55

## Races Galore That Shall Not Bore

Sun. Sept. 3	5 Km, Hauppauge, L.I., N.Y., 7 pm (F)
	5 Km, Boulder, Col., 8 am (H)
Mon. Sept. 4	8 Km, Kentfield, Cal. (P)
	20 Km, Sante Fe, N.M. (W)



- Sat. Sept. 9 Henry Laskau 10 Km, Long Island, 10 am (F)  
 Sun. Sept. 10 1 Hour, Kentfield, Cal. (P)  
 15 Km, Brighton, Col., 8 am (H)  
 5.2 Mile, Interlaken, N.J., 12 noon (A)  
 3 Km, Miami (Q)  
 5 Km, Cambridge, Mass., 9:30 am (N)  
 5.2 Miles, Interlaken, N.J. (A)  
 5 Km, Albuquerque, N.M. (W)  
 Sat. Sept. 16 4 Miles, Larkspur, Cal., 8:30 am (P)  
 Sun. Sept. 17 **USATF 40 Km, Fort Monmouth, N.J., 8:30 am (A)**  
 5 Km, Denver, 8 am (H)  
 10 Km, Oakland, Cal. (R)  
 Sat. Sept. 23 Start of 24 Hour, 100 Miles, Golden, Colorado (Z)  
 5 Km, Morganfield, Kentucky, 8:30 am (BB)  
 5 Km, Albuquerque, N.M. (W)  
 1 Hour, Banks, Oregon (C)  
 Sun. Sept. 24 10 Km, Evansville, Ind. (V)  
 1 Hour, Royal Oak, Mich., 9 am (X)  
 5 Km, Denver, 9 am (H)  
 Sun. Oct. 1 Sacramento 1/2 Marathon (E)  
**National USATF 1 Hour and 2 Hour, Worcester, Mass. (AA)**  
 Jersey Shore Half-Marathon (A)  
 Sat. Oct. 7 1 Hour, Miami (Q)  
 Sun. Oct. 8 1 Hour, Alexandria, Vir. (J)  
 5 Km, Cambridge, Mass., 9:30 am (N)  
 Western Regional 1 Hour, Broomfield, Col., 9 am (H)  
 Sat. Oct. 14 **USATF 5 Km, Kingsport, Tenn. (Y)**  
 2.8 Miles, Seattle, 9 am (C)  
 Sun. Oct. 15 5 Km, Denver, 9 am (H)  
 5 Km, Rio Rancho, N.M. (W)  
 WAVA Regional 5 Km., Providence, R.I., 9 am (O)  
 2 Miles, Salem, Ore. (C)  
 Sat. Oct. 21 East Regional 30 Km, New York City (G)  
 Bob Fine International 15 and 5 Km, Coconut Creek, Florida (Q)  
 2 Mile, Albuquerque, N.M. (W)  
 10 Km, Monterey, Cal. (S)  
 Sun. Oct. 22 5 Km, Corrales, N.M. (W)  
 5 Miles, Freehold Twp, N.J., 9 am (A)  
 Coney Island 10 Mile Handicap, Brooklyn, N.Y., 9 am (F)  
 Sun. Oct. 29 5 Km, Albuquerque, N.M. (W)  
 Tue. Oct. 31 5 Km, Denver, 6:30 pm (H)  
 Sun. Nov. 5 5 Km, Kentfield, Cal. (P)  
 1 Hour, Alexandria, Vir. (J)  
 5 and 10 Km, Coconut Creek, Florida (Q)  
 Sun. Nov. 12 1 Hour, Kentfield, Cal. (P)

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## From Heel to Toe

**Next month's issue.** If you think you are missing next month's issue, it will only be late. Normally, I try to get this newsletter in the mail 2 or 3 days before the end of the month. However, if I want to get full coverage of the Olympic walks in the September issue, that will be impossible. The women's 20 is on Friday, Sept. 28 and the men's 50 on the 29th. This would be really stale stuff by the October issue, so I won't be able to get my copy to the printer until Monday, October 1. That means I won't hit the U.S. Post Office until the 2nd or 3rd. Hope you can wait. **What does it take?** Despite a 3:49:24 for 50 Km on the track, Sweden's Bengt Gengtsson has been rejected by the Swedish Olympic Committee for inclusion on that country's Olympic team. He is "only" 10 minutes under the "A" standard. In a country with a proud history in racewalking, you would expect greater knowledge and more respect for a truly noteworthy performance. Their heritage comes from John Mikaelsson (Olympic gold at 10 Km in 1948 and 1952) and John Ljungren (Olympic gold at 50 in 1948 and still competitive at the 1964 Olympics) and has been carried on by such stalwarts as Bengt Simonsen and Bo Gustafsson, who won silver in L.A. It is hard to imagine what standards for selection they are applying. **Meanwhile, in this country.** For a few days, Yueling Chen, second in the U.S. women's 20 Km Olympic trials, was off the U.S. team. According to Olympic rules, Chen, the 1992 10 Km gold medalist for China, needed permission of the Chinese Olympic Committee. Initially, they denied that permission. Apparently, the right pressure from the right places brought a little sanity to this issue and the permission was granted. In the meantime, of course, Joanne Dow was to be added to the team, which, I am sure, resulted in a real emotional swing for her. **Elliott on the Olympics.** This from one of walking's all-time best friends, Elliott Denman: "Hi walking friends...Hot off the presses is *Elliott Denman's Anthology of the Olympic Games*. Over 46 years in the making--Denman began racewalking in 1954 and walked the 50K in the 1956 Olympic Games. The book contains 399 pages of Denman's best clippings in his long career as a sportswriter. Special sections are dedicated to the 1968, 1972, 1976, 1984, 1988, 1992, and 1996 Olympic Games, all of which he covered for the Asbury Park



Press. Another section is on the 1980 Olympic Games, which the U.S. shunned, and the "On to Sydney" section previews the 2000 Games. Other sections contain feature stories on outstanding Olympic athletes and coaches and officials. Another section focuses on those who might have gone to Olympic glory--until the fates stepped in. For racewalking fans, there are feature articles on such greats as Larry Young, Rudy Haluza, Henry Laskau, Ron Laird, Norman Read, Jim Hewson, Debbi Lawrence, Ron Zinn, Akos Szekely, Dave Romansky, and Bob Mimm. The anthology, which was published privately, is available, postage paid, for \$25 from: Elliott Denman, P.O. Box 381, West Long Branch, NJ 07764. . . **1980 Revisited.** Since Elliott brought up the boycotted 1980 Olympics (the U.S. and some other Western bloc nations did not attend the Moscow Games in protest of the Soviet invasion of Afghanistan), here is part of what I said in an editorial in the Feb. 1980 issue before the final decision to boycott was made. I think it still has some relevance

"... Now we all know that such a propagandistic approach is also not in the Olympic spirit. Coupling this unabashed use of the Olympics for propaganda with the blatant aggression in Afghanistan, President Carter and his advisors have decided that we cannot, in good conscience, compete in Moscow. (We have to realize, of course, that the President really has no say in the matter--the USOC will decide--but he certainly does have a voice that apparently is being heard.) No doubt, this is a strong argument, particularly if they regard it purely as a symbolic act. Personally, I can't see any real effect on Soviet policy, but for obvious reasons, they aren't going to ask me about that.

"Returning to the Soviets not keeping faith with the Olympic spirit and ideals, the approach of most nations--including the U.S.--to Olympic competition has never fit. After all, we never made light of our nation's long-time dominance of the Games. We expected it and wanted more. And our concern in recent years about failure to continue that dominance has grown. As a nation, we look on the Olympics as a chance to prove our might--winning is a lot more important than taking part, at least to those at home.

"The idea of the Olympics as apolitical was squelched right from the start when they began carrying national flags, playing anthems, limiting entrants by nation, and so on. And how Lord Killanin can stand up and criticize President Carter for injecting politics into the Olympic arena and at the same time tell Nationalist China they can compete only if they change their name, flag, and anthem is beyond me. We could recite a long list of other purely political actions on the part of the IOC. So, I am certainly not going to espouse that silly argument against President Carter's stand. At the same time, the ideal is there and I see nothing wrong with our trying to uphold it. Because others choose to use the Games as a political tool, should we?

"So just what is my argument? Probably nothing really rational--just a gut feeling that there is still something to be gained from healthy competition in the athletic arena and from interaction among people from throughout the world as a part of that competition. I've been there, and I feel that. And I felt it watching on television. I recognize that everything is not perfect even in an Olympic village. There is no utopia. But I think athletes think and feel things that our wise leaders throughout the world seem unable to grasp. Maybe someday the message will come through. Battered down in political morass though they may be, the Olympics still represent an ideal worth pursuing, one that comes a lot closer to being fulfilled on the individual-athlete to athlete--level than in the international bickering that catches the headlines--and maybe that individual level is where it's all at in the long run. Sure, there is a lot wrong in the Olympic movement, but I think there is a lot more right and it shouldn't be thrown over without some effort to put all things right. A massive boycott this summer would be a very big step toward the end of the modern Olympics. I'm not convinced that is something we want."

Of course, Jimmy and the USOC didn't listen to me. On the other hand, the Olympic movement carries on despite my pessimism. And may it someday move closer to the ideal. Carrying that thought a bit further, here is the final paragraph of a little talk I gave 4 years ago at a

church service on the day of the 1996 Olympic Closing Ceremonies (later published in these pages): "To conclude, I would like to quote the athlete's oath that is recited by a selected participant during the Opening Ceremonies of each Olympic Games. 'In the name of all competitors, I promise that we will take part in these Olympic Games, respecting and abiding by the rules that govern them, in the true spirit of sportsmanship, for the glory of sport and the honor of our teams.' Let me paraphrase that as an oath for life: 'In the name of all humanity, I promise that we will participate in this earthly life, respecting and abiding by the rules that the Creator's enduring love make evident, in the true spirit of justice for all, for the glory of that creation and the honor of all God's creatures.' If all Olympians would truly live up to their oath, the Olympics would come even closer to Courberin's ideal, and if all humans could truly live by this paraphrase, we might truly experience peace on earth. . . **And the contest winner is...** Roger Burrows reports in his newsletter to the Canadian racewalking community the best racewalking story of the summer, which comes from Sherry Watts regarding the Ontario Masters 5 Km at York: "It was 31 degrees when we arrived at the track. (Ed. That's elsius folks, about 88F.) By the time the women's race was over, it was 13! (55F) After the men's race, the heavens opened and the women had to wait for 30 minutes. The rain tapered off and they sent us out in the cold and wet on very short notice. Then the rain came back, so hard that it felt like sleet hitting us. You couldn't see across the track. The inside lane was ankle deep in water and on the bend it felt like it was knee deep. One walker was later seen checking out the nice nylon shorts on sale after suddenly discovering that the waistband of the baggy cotton ones worn during the race was not strong enough to withstand the weight of the water. An older 'gentleman' went around thanking us for the wet T-shirt contest we put on for him. After our race, they moved the rest of the meet indoors. Wimpy runners!". . . **Dedicated to the faithful.** A letter from Chris Amoroso in Colorado accompanying his subscription renewal was certainly rewarding for me, and I thank Chris for his warm sentiments, but, even more, a tribute to the power of our sport. He wrote: "... I really want you to know how much you have contributed to my life these past 30 years. Your epistle has been a constant source of inspiration to me. Each month when it arrives I find a quiet place to hide and devour your words cover to cover, always finding much more than facts and statistics. You capture a slice of my life that I can't find anywhere else, the heart and soul of competition, the quest to be the me of who I am. Through racewalking, I have learned more about 'Who I am' than all other avenues of my searching. For me, it started out as a sport, one which, at my age, I found out I could be quite competitive, and for many years that was the driving force to compete and excel. However, what I gradually became aware of was that it was far far more, it was a vehicle for transcendence, a kinetic form of meditation, nurturing my body, while healing my soul. Although we may train alone, we always know we are never really alone. Through the years, my passion for the sport has waxed and waned, but my appreciation for its virtues has never diminished. . . You are definitely in my Spiritual Hall of Fame and always will be, and as such, I would like to dedicate this poem in your honor (Ed. And I, in turn, dedicate it to all of my faithful readers and all those who carry the racewalking torch throughout the world):

### We Are The Race

We are never ever alone.  
Our spirits fill both time and space.  
We are the cosmic glue that holds the universe in place.  
Much more than just walkers, we are the "Race".

**A bit of history.** In answer to an internet racewalking list question regarding the 1952 Olympic Trials and Olympics, Elliott Denman wrote a reply that provides an interesting bit of the lore of our sport. Elliott's personal memory of racewalking events certainly predates that of one such as I, who



knew of Price King only by seeing ancient results. This bit of history from Elliott: "Backtracking to 1952....The 10K Trials were held June 1, 1952 in New York City. I remember this as a 16-year-old track and field fan, still two years away from my first active involvement as a racewalker. A torrential rain the morning of the race at Van Cortlandt Park Stadium forced a quick change of locale. Van Cortlandt Park Stadium was flooded and the Williamsbridge Oval track, several miles away in the Bronx, was scouted out and deemed usable. And there the Trials were held. Henry Laskau won it--of course; the great Henry was in a class all his own among USA walkers. 47:54. Frank LaMorte of the Staten Island Harriers placed second in 50:13. For reasons never fully made public to this day, Frank was not named to the USA Olympic Team. Frank was still walking as a 70-plus walker in New York City a few years ago; hope Frank is still doing well these days. Price King, representing the University of California, was third in 51:39. Next in line were Bill Mihalo (52:32), Gene Chicura (52:52), John Sterner (52:39), John Humcke (no time listed), and Ray McGee (no times listed). (These times from the great History of the Trials book published in 1996 and available then, courtesy USATF, in Atlanta. A shorter Trials summary was published by USATF this year.) Henry, Gene Chicura, John Sterner are no longer with us; along with Mr. Harry Rappaport, the director of the event, a man who did so much to keep our sport going for so many years, one too few of the current generation of walking people recognize and appreciate. I hope all the others are alive and doing well. John Humcke made his return to competition in 1999 and was doing well as a racer!! Does anyone know of Price King's whereabouts?? I'd like to keep track of past USA Olympic representatives. Anyway, on to Helsinki! (for the last of the Olympic men's 10 ks.) This is the story as I have heard it. Henry was announced at the time as a DQ in the heats; but many years later, the diligent research of Mr. Palle Lassen, IAAF RW Chairman, was to reveal that this was a mistake, that Henry was not really DQ'd, or deserving of same. Unfortunately, this bit of information has not been widely publicized and I don't think the official Olympic archives have been changed either. Great sportsman that he was, Henry accepted the DQ verdict at the time; when the later reversal came about, he smiled at the news. Henry had been DQ'd at London in 1948; he so much appreciated the fact that someone later looked a bit deeper into the 1952 results. (Ed. The records I have show Henry finishing seventh in his heat in London, which didn't qualify for the final, but do not show a DQ.) He would place 13th in the first Olympic 20 Km at Melbourne in 1956 as first American over the line. Price King was unable to qualify out of the heats for the final. (Ed. 51:08.6 for ninth in his heat.) The Helsinki gold medalist (for a second straight Games) was Mr. John Mikaelsson of Sweden, who was later to move to the U.S. and live many years in the L.A. area. But, it seems, never to come forward and get involved in racewalking in this country. . .**Doing well in his tent.** Couran Cove, Australia (AP)--Peer into racewalker Curt Clausen's room at the U.S. Olympic track team's training camp and you think you're in outer space. On his bed is a hypoxic tent, a contraption meant to stimulate the body's red blood cells and simulate living at altitude. The \$6,000 tent, which fits over the bed, is only about 2 1/2 feet by 6 inches when rolled up and can fit into a suitcase, but when opened, it looks like a camping tent with Plexiglas windows. The bed's mattress fits into it. A 70-pound generator is necessary to make it suitable for use. "There's controversy with it because the coaching staff doesn't know what it is," said Clausen, the American record holder for the 50 Km walk, "and the Sydney organizers said they wouldn't allow it in the village. The reason for that, in my opinion, is that the Australians have been using it for the past 4 years and don't want anyone else to have it. The tent allows you to take it with you. Here I am in Australia at sea level and getting benefits from it." Clausen has been using the tent for 2 years, and in that span his performances have improved dramatically. Instead of being a non-contender, as he generally was in the past, he now is among the world's best, having finished fourth at the 1999 World Championships at Seville, Spain.

Here is another great appreciation of the many benefits of our sport.  
From the June 25 *Boston Globe*

## A step-bystep process

by Bob Reinert

When Bob Keating speaks these days about his sport, he mentions how much more it means to him as he ages. He appreciates each step he takes. As a competitive racewalker, Keating has taken millions of strides covering tens of thousands of miles. They are all precious to him at age 53.

"I'm thankful about more and more each day, being able to move and to be alive," Keating said. "The wish to participate in sport doesn't end when you're 20 or 30. It's a lifelong thing."

Keating is living proof of that. Even after winning a pair of national open championships, 19 national masters titles, and more than 20 New England open crowns at distances from 3 km to 100 miles, he keeps moving forward.

"I don't say that I'm going to compete for the rest of my life, because I don't want to box myself in," Keating said. "I just like participating in these events and being with others and...challenging my body.."

Keating no longer trains 140 miles a week as he did before taking part in the 1984 U.S. Olympic Trials. But he still enjoys rising for workouts at 5:15 am, walking along the tree-lined streets and pathways of his Gate City (Nashua, N.H.) neighborhood, and meeting up with the occasional racoon.

"OK, I can't do the speed that I could," said Keating, who hasn't missed a workout in 20 years. "I don't train as much. But it just has a nice place in my life. For me, it's a routine now. I don't think about it. It is part of my day."

Keating's modesty is a match for his racewalking talent. In 1999, he was named USA Track and Field master racewalker of the year for the 50-54 age group. More recently, he won a national masters indoor title at 3 km and a New England outdoor open championship at 20 km.

"I've come to a sort of a different way of being with competition," said Keating, a member of the New England Walkers. "I care about it, and I care enough at times to put myself on the line. And that's good."

A psychotherapist, Keating cares even more about the physical, mental, and spiritual benefits he derives from racewalking. "It clearly is a major way of grounding me," Keating said. "I know that I'm taking care of myself physically. Generally, my mind gets clear from that. It's a moving meditation. It becomes more and more of an art form."

Every 5 years, Keating enters a new age group in which he can win national titles and break records. He may keep doing this for some time. "I think the older the group is, the more it just sort of appeals to me," said Keating, who recalled a 200-meter runner in the 90-95 age group who fell at this year's national indoor meet.

"I was really scared," Keating said. "He gets up and he falls again. He does get up and staggers across and finishes. He's got a bloody nose. His legs just got spent. He still won the race. He's out there doing it. Maybe if you can get up to that age and you can still move, there's still opportunity. That's the beauty."

And every step of the way, Keating said, one continues to discover new things. "This is damn simple," said Keating of walking. "Human beings have been doing it since we came down from the trees, as they say. I'm still learning about how to walk. I'm learning about myself, about how I move, how I think, how I feel. I think about that just being able to be moving is sweeter and sweeter."

\* \* \* \* \*



I resonate strongly with all that both Bob and Chris Amoroso have said about the place of racewalking in their lives. For me too, it is a part of life—a therapy and a meditation. And I knew that quite early in my 42 years in the sport. While I compete very little anymore, for reasons I don't fully understand, I have put in more miles in training over the past 5 years than I did during the five peak years of my serious competitive career. Of course, those miles have been a whole lot slower. But they are an important part of each day. To sum up all of this philopophy, here is another excerpt from that little talk I gave four years ago (see pages 10 and 11):

"I had a goal of making an Olympic team and was fortunate enough to achieve it. But that was just icing on the cake. The real rewards, as Coubertin knew and sought to instill in the Olympic ideal, come along the way, in the striving, in the continuing sense of accomplishment. These rewards include:

- o Appreciation of the gifts we have been given and in taking these gifts and using them in the best way we can.
- o The nurture—from family, mentors, friends—that we receive along the way.
- o Achievement of self-discipline through our efforts
- o Gaining greater self-assurance and confidence.
- o Finding the joy of competition, camaraderie, and community.
- o Discovering the joy of training and developing a healthier mind and body. Hard work with a purpose is not drudgery."

## Looking Back

**35 Years Ago** (From the July 1965 ORW, July, because last month we mistakenly used the August 1965 issue, rather than July. That was a mistake we made 5 years ago and blindly repeated. Chances are good we will repeat it again in another 5 years)—Ron Laird won the NAAU 20 Km in Baltimore in 1:38:38 over Jack Mortland, Dean Rassmussen, Don DeNoon, and surprising Regis Dandar. Laird led from the start and was never seriously challenged. . . Baltimore was a big improvement over Ron's miserable sixth place finish in 50:00 a few weeks earlier in the National 10. Mortland won that race on Chicago's Stagg Field in 48:20 over Art Mark, DeNoon, Rassmussen, and Ron Daniel. . . Bob Brewer beat the Ohio TC's Chuck Newell to win the National Jr. 30 Km in Columbia, Mo. in 3:04:23. . . Laird was also an easy winner in the National 2 Mile, leaving Daniel 27 seconds behind with his 14:02. DeNoon and Rudy Haluza followed.

**30 Years Ago** (From the August 1970 ORW. Same mistake here; this is actually July stuff.)—In Erfurt, E.G., Peter Frenkel shattered the World's 20 Km record with a 1:25:50 on the track. Hans-Georg Reiman and Gerhard Sperling finished 74 seconds back. . . In the U.S.—USSR dual meet in Leningrad, Dave Romansky walked a fine 1:29:50, but still finished behind three Soviet Walkers. Dave earlier walked a 1:31:56 on the track in Paris, with Tom Dooley returning 1:34:55, and a 43:03.8 10 Km in Stuttgart. Dooley had 44:29 in that one and 1:32:31 in Leningrad. . . Earlier, Dooley had left Ron Danile 30 seconds back in winning the National 2 Mile title in 13:44. . . John Kelly won two firsts at the 3rd US Masters Meet with a 7:12.5 mile and 1:42:55 for 20 Km. . . In the Junior Nationals, Steve Geiver did 1:21:47 to beat Olympic runner Jerry Lindgren in the 15 Km and Bruce Adair covered 7 miles 100 yards to win the 1 Hour. . . On the Ohio scene, we were engaged in our second annual Tour of Ohio series. Paul Reback beat Mack Mortland by seconds in a Dayton 15 Km with 1:16:04, Bill Walkers won a Van Wert 10 miler in 1:21:24, and Mortland won a rather long 7 1/2 km in Columbus in 38:15.

**25 Years Ago** (From the August 1975 ORW)—In the Pan American Games 20 Km trial in Eugene, Larry Young and Todd Scully walked together all the way, well in front of everyone else,

and crossed the line in 1:34:16. Officials declared Young the winner, although the intent was a tie. Jerry Brown took third in 1:38:04, with John Knifton, Bob Kitchen, and Wayne Glusker also under 1:39 in a tight finish. . . Bernd Kannenberg, of West Germany, won a pre-Olympic 20 Km in Montreal in 1:34:44 on a very hot day. . . Upcoming Steve Pecinovsky edged descending star Jack Blackburn in a 6 miler in Dayton, 48:59 to 49:00. . . The Soviet 20 Km champion was Otto Bartsch, better known for 50-km exploits, in 1:27:12, ahead of Yevgeniy Ivchenko and the grand-old man, Vladimir Golubnichiy. . . Veniamin Soldatenko won the 50 ahead of Yevgeniy Lyungin in 3:58:55. . . national Masters titles went to Roy Thorpe, visiting from England, in 23:18 for 5 km and 1:46:11 (on a very long course) for 20. First Americans were John Kelly in 24:10 and Kelly and Jack Mortland together in 1:53:01.

**15 Years Ago** (From the August 1985 ORW)—At the National Sports Festival, Maryanne Torrellas won the women's 10 Km in 49:13, Tim Lewis easily won the 15 Km in 1:05:45, and Carl Schueler won the 30 Km in 2:23:26. (The men's races were shortened from 20 and 50 because of high heat and humidity in New Orleans.) Ester Lopez finished just 20 seconds behind Torrellas and Teresa Vaill missed 50 minutes by just 1 second. Marco Evoniuk followed Lewis by more than 3 minutes and Randy Mimm was second in the 30, nearly 9 minutes back of Schueler.

**10 Years Ago** (From the August 1990 ORW)—Portugal's Susan Feitor and the USSR's Ilya Markov, both well known in today's elite circles, won World Junior titles in Bulgaria. Feitor beat Tatyana Shchastnay by more than a half minute in 21:44:30. Markov's 39:55.52 beat Mexico's Alberto Cruz by just a second with 1996 Olympic gold medalist, Jefferson Perez of Ecuador, third in 40:09. Philip Dunn finished 16th in 44:46. Gretchen Eastler (25:11) and Jennifer Zalewski (25:20) were 24th and 25th. . . The GDR's Ronald Weigel covered 20 km on the track in 1:19:19 in Norway, just 6 seconds ahead of Italy's Walter Arena.

**5 Years Ago** (From the August 1995 ORW)—At the World Championships, Russia's Irina Stankina, DQ'd at the World Cup earlier in the year, edged Italy's Elisabetta Perrone 42:13 to 42:16 in the women's 10 Km. Russia's Yelena Nikoloyeva was third in 42:20. Michelle Rohl captured 15th in 44:17 and Teresa Vaill had 45:02. In the men's 20, Italy's Michele Didoni prevailed in 1:19:59, well clear of Vaalentin Massana, Spain (1:20:23) and Yevgeniy Misulya, Belarus (1:20:48). The 50 went to Finland's Valentin Kononen in 3:43:42 with Giovanni Perricelli, Italy, and Robert Korseniowski, Poland, following in 3:45:11 and 3:45:57. . . Heat and altitude slowed walkers at the Olympic Sports Festival in Colorado Springs. Victoria Herazo won the 10 km in 49:33.93, ahead of Cheryl Rellinger. Herm Nelson (1:33:48) finished just 12 seconds ahead of Curt Clausen in the 20. Andrew Hermann was only 4 seconds behind Clausen in a close race.